The main layout for the UI can be found in *activity\_main.xml*. It consists of a ListView (that is the sidebar) and a FrameLayout. The FrameLayout contains whatever fragment is currently being viewed and is loaded in MainActivity.java. When a new section is selected from the sidebar, MainActivity.java selects the appropriate Activity and starts it. This new Activity contains a stack of fragments loaded via loadFragmentFromId().

To create a new screen to be loaded from the sidebar:

1. Check if there is already an xml for *[insert name here]\_fragment.xml*. If not, you will need to create one.
2. Point the xml to the appropriate [insert name here]\_Activity.java

Make sure to follow best practices for UI (aka empty constructors for fragments, etc).